

## REGISTRATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Registration includes public presentation, all retreat sessions, lunches on Friday and Saturday, and snacks during retreat sessions.

Your non-refundable registration fee of \$225 must be received by October 1<sup>st</sup>.\* The retreat will be an intimate gathering with a limited number of participants. Registrations will be accepted on a "first come, first served" basis.

\*Senior rate is \$175 for Weston area residents, those connected with the Weston Priory, members of New Thought Vermont and/or members of Divine Science Federation International. Scholarship funds are available. For more information or to apply for scholarship aid, please call 802/384-3845 or email: [info@newthoughtvermont.com](mailto:info@newthoughtvermont.com)

For those who are able, we encourage you to donate in addition to the registration fee to help with scholarships.

Please mail your check with this registration form to:

New Thought Vermont  
PO Box 185  
Weston, VT 05161

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Courtesy of Rob H. Aft

**MUTUAL RADIANCE:  
A Retreat Exploring the Gift of Blessing  
With Gunilla Norris  
October 12<sup>th</sup> & 13<sup>th</sup> in Weston, VT**

*Sponsored by New Thought Vermont, an organization that encourages mystical wisdom & metaphysical understanding to nurture personal experience of the Sacred in everyday life.*

Blessing is contagious. The more we feel blessed the more of a blessing we become. During challenging times, when we don't know what to do and feel there is very little we can do, there is always blessing to turn to. We can count our daily blessings, send blessings to others, and so in time, grow to be agents of blessing. It isn't easy to be aware that we are each steeped in blessing. To live in awareness of blessing, to cultivate it and to share it is a spiritual practice that can sustain us and fill us with strength and joy.

In this retreat, we will explore practices that nurture our ability to sustain a life lived in blessing, including the making of blessing postcards to share.



Gunilla Norris is the author of nine books on the spirituality of the everyday: *Being Home, Becoming Bread, Inviting Silence, A Mystic Garden, Simple Ways, Sheltered in the Heart, Match, Embracing the Seasons,* and *Companions on the Way*. Her two books of poetry are: *Learning from the Angel* and *Joy is the Thinnest Layer*.

She has been a psychotherapist in private practice for more than 40 years and has felt privileged to accompany many people on their journeys to growth and healing. Her special love has been teaching meditation and leading contemplative workshops of many kinds.

Visit [GunillaNorris.com](http://GunillaNorris.com) for more information.

### RETREAT SCHEDULE

All retreat sessions will be held in the living room at the Weston Playhouse.

### Friday, October 12<sup>th</sup>

Gathering Time – 9:30 to 10:00 am

Public presentation – 10:00 to 11:15 am  
(suggested donation of \$15 for non-retreat participants)

Conversation with light refreshments –  
11:15 am to Noon

Soup and Salad Lunch – Noon to 1:00 pm

Retreat Session I – 1:00 to 4:30 pm

### Saturday, October 13<sup>th</sup>

Gathering Time – 9:00 to 9:30 am

Retreat Session II – 9:30 am to Noon

Soup and Salad Lunch – Noon to 1:00 pm

Retreat Session III – 1:00 to 3:30 pm



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### WELCOME TO WESTON

Situated in the Green Mountains, Weston is known for its natural beauty, spiritual identity, historical and cultural resources, and country stores.



Courtesy of Rob H. Aft

Home to the Weston Priory (Benedictine Monks), two historic churches and several other historic buildings, art galleries, the Weston Playhouse and the Vermont Country Store, Weston is a destination. In the village are waterfalls and the historic Mill, where there are stone benches for quiet contemplation. Most of the amenities are within walking distance of the beautiful town green. Walks in nature are also nearby, including those in the National Forest.

### OVERNIGHT ACCOMODATIONS

Participants will make their own lodging arrangements. For suggestions, please contact us.